

LIVE CLASS LINKS

MONDAY

White	5:00 – 5:45	https://meet.google.com/okd-maes-cjn
Gold	6:00 – 6:45	https://meet.google.com/sdt-mavh-fgw
Green/Purple	7:00 – 7:45	https://meet.google.com/mrn-kmos-osx

TUESDAY

Blue	5:00 – 5:45	https://meet.google.com/kyi-bvzj-jsz
Red	6:00 – 6:45	https://meet.google.com/tbn-mxkk-xyx
Black	7:00 – 7:45	https://meet.google.com/hqv-xzcn-qcm

WEDNESDAY

All Belt	9:00 am – 9:45 am	https://meet.google.com/gfn-qyae-fja
Brown	5:00 – 5:45	https://meet.google.com/pkr-vjgk-mkf
Women's SD & BJJ	6:00 – 6:45	https://meet.google.com/xbm-pzvk-vfe
12+ Jiu Jitsu	7:00 – 7:45	https://meet.google.com/ujf-ctbf-ahi

THURSDAY

White	5:00 – 5:45	https://meet.google.com/okd-maes-cjn
Gold	6:00 – 6:45	https://meet.google.com/sdt-mavh-fgw
Green/Purple	7:00 – 7:45	https://meet.google.com/mrn-kmos-osx

FRIDAY

Adult Jiu Jitsu	5:00 – 7:00	https://meet.google.com/otv-ahzn-tgk
12+ Kickboxing	7:00 – 8:00	https://meet.google.com/gtd-ekse-bki

SATURDAY

White - Purple	9:00 – 9:45	https://meet.google.com/nwu-tomz-rpt
Blue + Red	10:00 – 10:45	https://meet.google.com/oci-raqr-idp
Brown	11:00 – 11:45	https://meet.google.com/xac-ukvf-jxw
Black	12:00 – 12:45	https://meet.google.com/cdh-jcta-mre